# Suffer for the Faith? The Impact of Parental Religiosity on Children's Health in Russia

New Project Presentation

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#### Moscow, November 16, 2013

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Religiosity and Kids' Health

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## Outline

- Introduction and Motivation
- Research Questions and Contribution
- Econometric Model and Data
- Challenges and Discussion

## Motivation: Religiosity and Health of Adults

### + effects

- patients' view: faith heals, "God acts through doctors" (Mansfield et al., 2002)
- fasting improves physical and mental health (Bragg and Bragg, 1999, among others)
- oprotecting from self-harm (McCullough and Willoughby, 2009)
- reducing drug addiction, smoking, drinking (Fletcher and Kumar, 2013; Gruber and Hungerman, 2008; Mellor and Freeborn, 2011)

## - effects/ no effect

- doctors' view: faithhealing leads to medical problems (King et al., 1992, among others)
- Ino effect on blood donation (Gillum and Masters, 2010)
- extreme ethic beliefs of some religions (Sulmasy, 2009)
- unintended pregnancies and illegal abortions (Bartowski et al., 2012; Hosseini-Chavoshi et al., 2012; Rahman, 2010, among others)

## Previous Economic Literature

#### Religiosity affects socioeconomic outcomes of adults:

- insures against idiosyncratic and aggregate shocks (Clark and Lelkes, 2006, 2009; Dehejia et al., 2007; Popova, 2010)
- leads to higher levels of education and income, lower levels of welfare receipt and disability, higher levels of marriage, and lower levels of divorce (Gruber, 2005, among others)

#### Religiosity affects health, education, behavior of adolescents:

- risky health behavior of adults and adolescents (Gruber and Hungerman, 2008; Fletcher and Kumar, 2013, among others)
- improves educational outcomes of adolescents and reduces their asocial behavior (Regnerus, 2003)
- improves psychological and overall health condition of children and adolescents of 6-19 ages (Chiswick and Mirtcheva, 2013)

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## Theoretical Framework

• allocation of time for church attendance (Azzi and Ehrenberg, 1975)

- utility-maximizing model of household allocation of time
- division of religious participation between husband and wife
- religious and market participation
- demand for health (Grossman, 1972)
  - health is a durable capital shock
  - health that depreciates with age and can be increased by investment
- Chiswick and Mirtcheva's (2013) adaptation of the Grossman's (1972) model
  - demand for kids' health
  - health is affected by kids' own religiosity

## Research Questions and Contribution

#### Does parental religiosity affect children's health?

- general health condition
- presence of chronic diseases

Does the impact (if any) differ for children of different ages? different denominations of parents?

#### **Expected Contribution:**

- Theory: adaptation of Chiswick and Mirtcheva's (2013) to account for parental religiosity
- Empirics: results regarding general health and chronic diseases of children in Russia
- Policy: implications for improving children's health

## Survey Questions (RLMS)

#### Kids' Health:

- 1. Has the child had any health problems in the last 30 days? Yes/No
- 2. Has (he/she) been in the hospital in the last three months? Yes/No
- 3. Did he/she skip any of required vaccinations? Yes/No
- 4. How many kilograms does (he/she) weigh?
- 5. What is (his/her) height in centimeters?
- 6. How would you evaluate (his/her) health? 5-point scale
  - 7. Does (he/she) have any kind of chronic illness? Yes/No
  - (Heart disease, Lung disease, Liver disease, Kidney disease,
  - Gastrointestinal disease, Spinal problems, Another chronic illness)

### Parental Religiosity:

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	Orthodoxy/Islam/Other religion	<	<	æ	50
	2. Of what religion do you consider yourself?				
	You are a non-believer / You are an atheist				
	You are more a non-believer than a believer/				
	You are more a believer than a non-believer/				
	1. What do you think about religion? You are a	believer/			

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## Econometric Model

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1) Probit/Count/OLS methods (depends on a health question)

$$\begin{aligned} \text{Health}_{ijt} &= \alpha + \beta \text{Religious}_{ipj} + \mathbf{X}'_{ipjt} \mathbf{\theta} + \gamma_j + \varepsilon_{ijt} \\ & i \text{ child, } j \text{ region, } t \text{ time, } p \text{ parent} \end{aligned}$$
(1)

 $X_{ipjt}$  socioeconomic characteristics of child, parent, household  $\gamma_j$  regional specific fixed effects robust st. errors clustered at the child level, to allow for correlations over time within child observations.

2) **Propensity score matching** to eliminate potential selection bias 1st step: analyze propensity of a parent to be religious

$$\Pr(\text{Religious}_{pj} = 1) = \Phi(\mathbf{X}'_{pjt}\delta)$$
 (2)

2d step: match children of religious parents to children of non-religious parents based on propensity scores

3) Treatment effects regression / IV to account for omitted variable bias

- accounting for family heterogeneity
- suggesting the mechanism of the effect, crucial to understanding the ways to improve health possible mechanisms: social norms and support, homeschooling, ...